

# GRAPEVINE

<p><b>DESCRIPTION</b></p>	<p>1. Pas à droite          2. je croise mon pied          3. je décroise          4. assemble pied gauche          5-6-7-8 je reviens de la même façon</p>
<p><b>SCHEMA</b></p> <p>PIED DROIT          PIED GAUCHE</p>	<p style="text-align: center;">↑</p> <div style="border: 1px solid black; width: 300px; height: 60px; margin: 10px auto;"></div> <div style="display: flex; justify-content: center; gap: 20px; margin-top: 10px;"> <div style="display: flex; flex-direction: column; align-items: center;"> <div style="background-color: #00FF00; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">1</div> <div style="background-color: #FF0000; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">2</div> <div style="background-color: #FF0000; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">4</div> <div style="background-color: #00FF00; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">3</div> </div> <div style="display: flex; flex-direction: column; align-items: center;"> <div style="background-color: #00FF00; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">8</div> <div style="background-color: #FF0000; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">7</div> <div style="background-color: #00FF00; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">6</div> <div style="background-color: #FF0000; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin-bottom: 5px;">5</div> </div> </div>
<p><b>REPERES</b></p>	<ul style="list-style-type: none"> <li>• je suis face au step</li> <li>• je reste devant le step</li> </ul>
<p><b>CRITERES DE REALISATION</b></p>	<ul style="list-style-type: none"> <li>○ amplitude du mouvement</li> </ul>
<p><b>COMPLEXIFICATION</b></p>	<ul style="list-style-type: none"> <li>○ Rotation</li> </ul>